



FIVE HILLS HEALTH REGION

CENTRAL BUTTE & AREA PRIMARY HEALTH CARE CLINIC

Schedule may change due to
staff illness or vacation.
Please call for appointment.

For Appointments Call:

Physician or Nurse Practitioner 796-2180
 Public Health Nurse 691-1500
 Physiotherapist 694-0201
 Diabetes Clinics 796-2180
 Mental Health & Addictions 1-877-564-0543
 Or 691-6464

Lab & X-Ray
 Monday - Thursday
 9:00 – 4:30

Licensed Practical Nurse:
 (for dressing changes, B12 shots, removal of stitches)
 Monday – Friday
 8:00 – 2:30

Pre-Diabetes/ Diabetes Classes via Telehealth

- Survival Skills – 1st Wed – 1000-1130 and 3rd Thurs – 1430-1600
- All About Carbs – 2nd Wed – 1000-11:30 and 4th Thurs 1430-1600
- Healthy Lifestyles – 3rd Wed – 1000-1130 and 1st Thurs 1430-1600
- Staying Healthy – 4th Wed – 1000-1130 and 2nd Thurs 1430 – 1600

Heart to Heart (Cardiac Rehab) Classes – every Wed 1300-1600

Pulmonary Rehab Classes

- Respiratory Therapy: Intro to Pulmonary Function Testing -
 Feb 6 - 1245 – 1400
- Diet and Nutrition for Pulmonary Rehabilitation -
 Feb 20 - 1245 -1400

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Nurse Practitioner 10:00 – 3:30	Nurse Practitioner LTC	Visiting Physician 9:00 – 3:00 <div style="background-color: #ffff00; padding: 2px;">Visiting NP 9:00 – 2:30</div>	Nurse Practitioner 10:00 – 3:30		
	Nurse Practitioner 10:00 – 3:30	Nurse Practitioner LTC <div style="background-color: #cfe2f3; padding: 2px;">Physiotherapy 2nd Tuesday of every month</div>	Visiting Physician 9:00 – 3:00 <div style="background-color: #ffff00; padding: 2px;">Visiting NP 9:00 – 2:30</div> <div style="background-color: #fce4d6; padding: 2px;">Public Health Clinic 9:30-3:00 2nd Wednesday of the month</div>	Nurse Practitioner 10:00 – 3:30		
	Nurse Practitioner 10:00 – 3:30	Nurse Practitioner LTC	Visiting Physician 09:00 – 3:00 <div style="background-color: #ffff00; padding: 2px;">Visiting NP 9:00 – 2:30</div>	Nurse Practitioner 10:00 – 3:30		
	Nurse Practitioner 10:00 – 3:30	Nurse Practitioner LTC <div style="background-color: #fff2cc; padding: 2px;">Diabetes Clinic 4th Tuesday of the month by Telehealth 9:30 – 3:30</div>	Visiting Physician 09:00 – 3:00 <div style="background-color: #ffff00; padding: 2px;">Visiting NP 9:00 – 2:30</div>	Nurse Practitioner 10:00 – 3:30		