

NEW HORIZONS PRIMARY HEALTH CARE CLINIC
Central Butte
January 2018

Schedule may change due to staff illness and/or vacation.
 Please call ahead for an appointment at the clinic.

For Appointments Call

Physician or Nurse Practitioner 306-796-2180
 Public Health Nurse 306-691-1500
 Physiotherapist 306-694-0201
 Diabetes Clinics 306-796-2180
 Mental Health & Addictions 1-877-564-0543
 Or 306-691-6464

Lab & X-Ray
Monday to Thursday 9:00 – 4:30

Licensed Practical Nurse (LPN)
Monday – Friday
Dressing changes, B12 shots, removal of stitches

For Classes Listed Below You Must Be Registered In The Diabetes or COPD Programs. If you are not registered but would like to attend you require a referral from your Physician/Nurse Practitioner
Pre-Diabetes/ Diabetes Classes via Telehealth

- **Survival Skills** 1st Wed – 10:00-11:30am & 3rd Thurs – 2:30-4:00pm
- **All About Carbs** 2nd Wed – 10:00-11:30am & 4th Thurs 2:30-4:00pm
- **Healthy Lifestyles** 3rd Wed – 10:00-11:30am & 1st Thurs 2:30-4:00pm
- **Staying Healthy** 4th Wed – 10:00-11:30am & 2nd Thurs 2:30-4:00pm

Heart to Heart (Cardiac Rehab) Classes – every Wed 1:00-4:00pm

Pulmonary Rehab Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE – JAN 1,2018 STAT HOLIDAY	DATE JAN 2, 2018 NURSE PRACTICIONER 09:00 – 4:00	DATE JAN 3,2018 NURSE PRACTICIONER 09:00 – 4:00	Date JAN 4,2018 NURSE PRACTICIONER 09:00 – 4:00	DATE JAN 5,2018
	DOCTOR ON SITE 09:30 – 3:00	DOCTOR ON SITE 09:30 – 3:00		
	LPN – HOME CARE	LPN – HOME CARE	LPN – HOME CARE	LPN – HOME CARE
Date JAN 8,2018 NURSE PACTICIONER 09:00- 04:00	Date JAN 9, 2018 NURSE PRACTICIONER 09:00 – 4:00	Date JAN 10, 2018 NURSE PRACTICIONER 09:00-4:00	DATE JAN 11, 2018 NURSE PRACTICIONER 09:00 – 4:00	DATE JAN 12, 2018
	DOCTOR ON SITE 09:30 – 3:00	DOCTOR ON SITE 09;30 – 3:00		
LPN- HOME CARE	LPN – HOME CARE 10:00 - 3:00	LPN – HOME CARE 10:00 - 3:00	LPN – HOME CARE 10:00 - 3:00	LPN - HOME CARE 10:00- 12:00
	PHYSIO	Public Health		
DATE JAN 15, 2018 NURSE PRACTICIONER 09:00- 4:00	DATE JAN 16, 2018 NURSE PRACTICIONER 9-4	DATE JAN 17, 2018	DATE JAN 18, 2018 NURSE PRACTICIONER	DATE JAN 19,2018
		DOCTOR ON SITE 09:30 - 3:00	DOCTOR ON SITE 09:30 – 3:00	
LPN – HOME CARE 10:00 - 3:00	LPN – HOME CARE 10:00 - 3:00	LPN – HOME CARE 10:00 - 3:00	LPN – HOME CARE 10:00 - 3:00	LPN - HOME CARE 10:00 – 12:00
Date JAN 22, 2018 NURSE PRACTICIONER 9:00- 4:00	Date JAN 23, 2018 NURSE PRACTICIONER DOCTOR ON SITE 09:30 – 3:00	Date JAN 24,2018 NURSE PRACTICIONER 9-4 DOCTOR ON SITE 09:30 - 3:00	DATE JAN 25, 2018 NURSE PRACTICIONER 09:00- 4:00	DATE JAN 26, 2018
LPN – HOME CARE 10:00 – 3:00	LPN – HOME CARE 10:00 – 3:00	LPN – HOME CARE 10:00 – 3:00	LPN – HOME CARE 10:00 – 3:00	LPN – HOME CARE 10:00 – 12:00
	DIABETIC CLINIC			
Date JAN 29, 2018 NURSE PRACTICIONER	DATE JAN 30, 2018 NURSE PRACTICIONER DOCTOR ON SITE 09:30 – 3:00	DATE JAN 31, 2018 NURSE PRACTICIONER DOCTOR ON SITE 09:30 – 3:00		
LPN – HOME CARE 10:00 – 3:00	LPN – HOME CARE 10:00 – 3:00			