

NEW HORIZONS PRIMARY HEALTH CARE CLINIC
Central Butte
JULY 2018

Schedule may change due to staff illness and/or vacation.
 Please call ahead for an appointment at the clinic.

For Appointments Call

Physician or Nurse Practitioner 306-796-2180
 Public Health Nurse 306-691-1500
 Physiotherapist 306-694-0201
 Diabetes Clinics 306-796-2180
 Mental Health & Addictions 1-877-564-0543
 Or 306-691-6464

Lab & X-Ray
Monday to Thursday 9:00 – 4:00

Licensed Practical Nurse (LPN)
Monday – Friday
Dressing changes, B12 shots, removal of stitches

For Classes Listed Below You Must Be Registered In The Diabetes or COPD Programs. If you are not registered but would like to attend you require a referral from your Physician/Nurse Practitioner
Pre-Diabetes/ Diabetes Classes via Telehealth

- **Survival Skills** 1st Wed – 10:00-11:30am & 3rd Thurs – 2:30-4:00pm
- **All About Carbs** 2nd Wed – 10:00-11:30am & 4th Thurs 2:30-4:00pm
- **Healthy Lifestyles** 3rd Wed – 10:00-11:30am & 1st Thurs 2:30-4:00pm
- **Staying Healthy** 4th Wed – 10:00-11:30am & 2nd Thurs 2:30-4:00pm

Heart to Heart (Cardiac Rehab) Classes – every Wed 1:00-4:00pm

Pulmonary Rehab Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE JULY 2, 2018 STAT HOLIDAY	DATE JULY 3, 2018	DATE JULY 4, 2018 NURSE PRACTITIONER 9:00 – 4:00	DATE JULY 5, 2018 NURSE PRACTITIONER 9:00 – 4:00	DATE JULY 6, 2018
	DOCTOR ON SITE 09:30 – 3:00	DOCTOR ON SITE 09:30 – 3:00		
	LPN – 10:00 – 3:00	LPN – 10:00 – 3:00 PHYSIO	LPN 10:00 – 3:00	LPN 10:00 – 3:00
Date JULY 9, 2018 NURSE PRACTITIONER 9:00 – 4:00	Date JULY 10, 2018 NURSE PRACTITIONER 9:00 – 4:00	Date JULY 11, 2018	DATE JULY 12, 2018 NURSE PRACTITIONER 09:00 – 4:00	DATE JULY 13, 2018
	DOCTOR ON SITE 09:30 – 3:00	DOCTOR ON SITE 9:30 – 3:00		
LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00
		PUBLIC HEALTH		
DATE JULY 16, 2018 NURSE PRACTITIONER 09:00- 4:00	DATE JULY 17, 2018 NURSE PRACTITIONER 09:30 -3:00	DATE JULY 18, 2018 DOCTOR ON SITE 09:30 - 3:00	DATE JULY 19, 2018 NURSE PRACTITIONER 09:00 – 4:00	DATE JULY 20, 2018
LPN 10:00 -3:00	LPN 10:00 -3:00	LPN 10:00 -3:00	LPN 10:00- 03:00	LPN 10:00 -3:00
Date JULY 23, 2018 NURSE PRACTITIONER 09:00 – 4:00 Telehealth 1:00 – 4:00	Date JULY 24, 2018 DOCTOR ON SITE 09:30 – 3:00	Date JULY 25, 2018 DOCTOR ON SITE 09:30 - 3:00	DATE JULY 26, 2018 NURSE PRACTITIONER 09:00- 4:00	DATE JULY 27, 2018
LPN – 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00
	DIABETIC CLINIC			
Date JULY 30, 2018 NURSE PRACTITIONER 09:00 – 4:00	Date JULY 31, 2018 NURSE PRACTITIONER 09:00 – 4:00 DOCTOR ON SITE 09:30 – 3:00			
LPN 10:00 – 3:00				