

NEW HORIZONS PRIMARY HEALTH CARE CLINIC
Central Butte
JUNE, 2018

Schedule may change due to staff illness and/or vacation.
 Please call ahead for an appointment at the clinic.

For Appointments Call

Physician or Nurse Practitioner 306-796-2180
 Public Health Nurse 306-691-1500
 Physiotherapist 306-694-0201
 Diabetes Clinics 306-796-2180
 Mental Health & Addictions 1-877-564-0543
 Or 306-691-6464

Lab & X-Ray
Monday to Thursday 9:00 – 4:00

Licensed Practical Nurse (LPN)
Monday – Friday
Dressing changes, B12 shots, removal of stitches

For Classes Listed Below You Must Be Registered In The Diabetes or COPD Programs. If you are not registered but would like to attend you require a referral from your Physician/Nurse Practitioner
Pre-Diabetes/ Diabetes Classes via Telehealth

- **Survival Skills** 1st Wed – 10:00-11:30am & 3rd Thurs – 2:30-4:00pm
- **All About Carbs** 2nd Wed – 10:00-11:30am & 4th Thurs 2:30-4:00pm
- **Healthy Lifestyles** 3rd Wed – 10:00-11:30am & 1st Thurs 2:30-4:00pm
- **Staying Healthy** 4th Wed – 10:00-11:30am & 2nd Thurs 2:30-4:00pm

Heart to Heart (Cardiac Rehab) Classes – every Wed 1:00-4:00pm

Pulmonary Rehab Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				DAY JUNE 1, 2018
				LPN 10:00 – 3:00
Date JUNE 4, 2018 NURSE PRACTITIONER 9:00 – 4:00	Date JUNE 5, 2018 NURSE PRACTITIONER 9:00 – 4:00	Date JUNE 6, 2018 NURSE PRACTITIONER 09:00- 4:00	DATE JUNE 7, 2018 NURSE PRACTITIONER 09:00 – 4:00	DATE JUNE 8, 2018
	DOCTOR ON SITE 09:30 – 3:00	DOCTOR ON SITE 9:30 – 3:00		
LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00
DATE JUNE 11, 2018 NURSE PRACTITIONER 09:00- 4:00	DATE JUNE 12, 2018 NURSE PRACTITIONER 09:30 -3:00	DATE JUNE 13, 2018 NURSE PRACTITIONER 9-4 DOCTOR ON SITE 09:30 - 3:00	DATE JUNE 14, 2018 NURSE PRACTITIONER 09:00 – 4:00	DATE JUNE 15, 2018
TELEHEALTH 1:00 -4:00	DOCTOR ON SITE 09:30 -3:00	DOCTOR ON SITE 09:30 - 3:00		
LPN 10:00 -3:00	LPN 10:00 -3:00	LPN 10:00 -3:00	LPN 10:00- 03:00	LPN 10:00 -3:00
Date JUNE 18, 2018 NURSE PRACTITIONER 09:00 – 4:00	Date JUNE 19, 2018 NURSE PRACTITIONER DOCTOR ON SITE 09:30 – 3:00	Date JUNE 20, 2018 NURSE PRACTITIONER 9-4 DOCTOR ON SITE 09:30 - 3:00	DATE JUNE 21, 2018 NURSE PRACTITIONER 09:00- 4:00	DATE JUNE 22, 2018
	LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00	LPN 10:00 – 3:00
		PHYSIO		
Date JUNE 25, 2018 NURSE PRACTITIONER 09:00 – 4:00	Date June 26, 2018 NURSE PRACTITIONER 09:00 – 4:00	DATE JUNE 27, 2018 NURSE PRACTITIONER 09:00 – 4:00	DATE JUNE 28, 2018 NURSE PRACTITIONER 09:00 – 4:00	DATE JUNE 29, 2018
	DOCTOR ON SITE 09:30 – 3:00	DOCTOR ON SITE 09:30 – 3:00		
LPN 10:00 – 3:00	LPN – 10:00 – 3:00 DIABETIC CLINIC	LPN 10:00 – 3:00 PHYSIO	LPN 10:00 – 3:00	LPN 10:00 – 3:00