National Early Years Conference:
Nurturing Minds and Bodies in the Early Years
Moose Jaw, SK
Hillcrest Apostolic Church
1550 Main Street North
May 6-8, 2015

Program at a Glance

Wednesday May 6
6:00pm – Registrations
7:00pm - Welcome & Keynote Speaker
Andrea Sisbarro and Allison Maher
Boulder Journey School: Nurturing Minds and Bodies in the Early Years
8:30pm - Reception & Entertainment

Thursday May 7
8:00am – Registrations
9:00am - Keynote Speaker
Carol Danaher
Ellyn Satter Institute:
Speaking with One Voice - Country Wide
“Obesity” Prevention Strategy
10:30am - Breakout Sessions
12:00pm - Lunch & Displays
1:00pm - Breakout Sessions
3:00pm - Keynote Speaker
Deborah Bell - Beyond Time Out: The Importance of Attachment

Friday May 8
8:30am - Keynote Speaker
Dr. Mark Tremblay
Thinking Outside the Gym: An Integrated Perspective for Health Movement Behaviours in Early Childhood
10:00am - Breakout Sessions
11:30am - Closing Keynote Speaker
Bob Pringle
Nurturing Minds and Bodies in the Early Years: A Perspective from the Child Advocate

Registration
On-line registration will be available after January 31 at www.southcentralric.ca
(Click the National Conference Link)
For more information e-mail: creatingourfuture@fhhr.ca or call 306-691-1592
Early Bird Registration by March 31, 2015 $275.00
Regular Conference Registration after March 31, 2015 $325.00

Hotel Information
Please advise the hotel you are registering for the National Early Years Conference to receive the following rates.

Temple Garden Mineral Spa.......................... $165.00 per night until March 26, 2015
Phone: 1-800-718-7727
Heritage Inn Hotel and Convention Centre............... $130.00 per night until April 6, 2015
Phone (306) 693-7550 * one block from conference venue
Keynote Speakers

Allison Maher
Boulder Journey School- Nurturing Minds and Bodies in the Early Years
Allison Maher is the Education Director at Boulder Journey School, where she has been employed since 1993. Allison has a BA in Psychology from the University of Virginia and a MA in Educational Psychology from the University of Colorado Denver. She coordinates and instructs a graduate program in Education in partnership with the University of Colorado Denver and the Colorado Department of Education and over the past decade, through this program has worked with more than 250 graduate students. Allison currently serves on the board of Hawkins Centers of Learning and, in the past, has been a board member at the Boulder County Association for the Education of Young Children and Friends School in Boulder, Colorado, as well as a committee member for the North American Reggio Emilia Alliance.

Andrea Sisbarro
Boulder Journey School- Nurturing Minds and Bodies in the Early Years
Andrea Sisbarro is one of the School Directors at Boulder Journey School, where she has been employed since 1995. Andrea works closely with classroom communities supporting curriculum development, family partnerships, and organizational systems and learning environments. Andrea has a BA in Psychology from the University of Colorado Boulder and a MA in Early Childhood Education from the University of Colorado Denver.

Alison and Andrea have worked together for more than 10 years as educational consultants in a wide variety of public and private preschool and elementary schools in the United States, Canada, Australia and Ireland.

Carol Danaher
Elly Satter Institute - Speaking with One Voice: A Country Wide Prevention Strategy
Carol Danaher is a Registered Dietitian, with a Masters in Public Health from Johns Hopkins University. She is both Faculty and Board President at the Ellyn Satter Institute. As Public Health Nutritionist for the Santa Clara County Public Health Department she co-founded and leads the Childhood Feeding Collaborative which promotes coordinated Division of Responsibility based messaging among multiple local organizations serving families. She has designed and administered nutrition programs for nonprofit childcare programs, and was a consultant to Early Head Start. Carol worked for the Food and Nutrition Service of USDA. evaluating child nutrition programs and providing policy input on the USDA child nutrition programs. Volunteer work in Jakarta, Indonesia lead to her interest in Public Health.

Dr. Deborah Bell
Sand story Physiology Services- Beyond Time Out: the Importance of Attachment
Dr. Deborah Bell is a registered psychologist who has specialized in empowering children and parents for over 15 years. She has a background working with children and adults who have histories of abuse and trauma. Deborah takes great joy in working with the relationships between infants (ages 0-5) and their caregivers and seeing the resiliency build as their caregiver gains confidence and understanding. Deborah has extensive training in play therapy and attachment-based therapy approaches. Deborah enjoys sharing her love of clinical work and the spirit of children through teaching and supervising practitioners in their clinical work. She is an experienced presenter and supervises clinicians at all levels of career development.

Dr. Mark Tremblay
Thinking outside the Gym: An Integrated Perspective for Health Movement Behaviours in Early Childhood
Dr. Mark Tremblay has a Bachelor of Commerce degree in Sports Administration and a Bachelor of Physical and Health Education degree from Laurentian University. His graduate training was from the University of Toronto where he obtained his M.Sc. and Ph.D. from the Department of Community Health with a specialty in Exercise.
Science. Dr. Tremblay is the Director of Healthy Active Living and Obesity Research (HALO) at the Children’s Hospital of Eastern Ontario Research Institute and Professor of Pediatrics in the Faculty of Medicine, University of Ottawa, where he is also cross-appointed to the School of Human Kinetics, the Department of Epidemiology and Community Medicine and the Ph.D. Program in Population Health. He is a Fellow of the American College of Sports Medicine, Chief Scientific Officer of Active Healthy Kids Canada, Chair of the Canadian Physical Activity Guidelines Project, Founder of the Sedentary Behaviour Research Network, and former Dean of Kinesiology at the University of Saskatchewan. Dr. Tremblay has published more than 230 papers and book chapters in the areas of childhood obesity, physical activity measurement, exercise physiology, sedentary physiology and health surveillance. He has delivered over 600 scholarly conference presentations, including more than 130 invited and keynote addresses, in 19 different countries. Dr. Tremblay has received an honorary doctorate and the Queen Elizabeth II Diamond Jubilee Medal for his leadership contributions to healthy active living in Canada. Dr. Tremblay’s most productive work has resulted from his 26-year marriage to his wife Helen, yielding four wonderful children.

**Bob Pringle**  
Saskatchewan Child Advocate- Nurturing Minds and Bodies in the Early Years: A Perspective from the Child Advocate  
Bob Pringle is the Saskatchewan Advocate for Children and Youth. Through his broad experience and as a Member of the Legislative Assembly of Saskatchewan, Bob has developed an understanding of how the complex cycles of poverty, mental illness, cognitive impairment, physical challenges, homelessness, and substance abuse can affect families. Over the past 38 years, he has worked with First Nations and Métis peoples, as a Social Worker, Manager and Minister of Social Services, and has been involved with leadership roles with community agencies such as Habitat for Humanity, the Saskatoon Food Bank, Cosmopolitan Industries, the Saskatchewan Association of Community Living, and the Saskatoon Housing Coalition.